



FRAUD IQ CHECKLIST

PERSONAL INFO PROTECTION

- ☐ I avoid sharing sensitive info (like Social Security number or account numbers) unless I absolutely trust the source (4 points)
- ☐ I shred documents with personal information before disposing of them (3 points)
- ☐ I've checked my credit report in the last year. (2 Points)
- ☐ I know how to freeze my credit if necessary. (2 Points)

DIGITAL HABITS

- ☐ I use strong, unique passwords for each account. (4 Points)
- ☐ I use a password manager. (2 Points)
- ☐ I use multi-factor authentication whenever it's available. (5 Points)
- ☐ I avoid using public Wi-Fi and, when possible, use VPN for online banking or shopping. (3 Points)
- ☐ My phone and computer are secured with passwords or fingerprints. (2 Points)
- ☐ My phone and computer have the latest updates installed. (3 Points)

SCAM SPOTTING

- ☐ I can recognize phishing attempts by looking at sender details, URLs (by hovering over links), and poor grammar. (3 Points)
- ☐ I never click on links or download attachments from suspicious messages. (4 Points)
- ☐ I know that urgent, emotional language is a common scam tactic. (2 Points)

U.S. EAGLE KNOW HOW

- ☐ I have set up transaction alerts in my U.S. Eagle account. (3 Points)
- ☐ I know how to report fraud to U.S. Eagle. (2 Points)
- ☐ I check U.S. Eagle's blog and social media for up-to-date fraud and cybersecurity information. (1 Point)

30-45 POINTS: SECURE

You are a fraud PRO. You know the tricks and take your digital safety seriously. Keep it up and share your knowledge with friends and family.

15-29 POINTS: VULNERABLE

You've built some strong habits, but there is still room to grow. Choose 2-3 new actions this month to boost your fraud defenses.

0-14 POINTS: AT RISK

Your current habits leave you open to scams and fraud. Don't panic - just start with a few small steps to boost your security and confidence.